The Illinois Poison Center Poison Prevention





Hi, I'm Polly the giraffe and this is my son, Paul. Let's learn about poison safety. A poison is something that can hurt your body if it is used in the wrong way. That is why you should always ask first before touching or tasting anything.



Remember, always ask first.

Poisons Come in Many Forms

Poisons can be found in many shapes, sizes and colors. It can be hard to tell if something is a poison. A poison can make you sick if you touch it, taste it, drink it, breath it, smell it or get sprayed by it.

Help Polly find her friends. Watch out for the poisons!



Home Safety

Poisons can be found in many places in our homes. Grown-ups use many products to clean the house. These products are safe when they are used in the right way. They become poisons when they are used the wrong way. Make sure your home is safe from poisons.



Match the safety tips to the correct picture in the house.

Medicine Safety



Find and circle the <u>underlined</u> <u>words</u> in the puzzle above. They can be across, down or diagonal. (Answers on Page 10)

- 1. Medicine is not candy.
- 2. Only take medicine from a trusted adult.
- 3. Tell an adult if you feel sick.
- 4. Always ask an adult before you touch, smell or taste anything.
- 5. Only take the <u>number</u> of <u>vitamins</u> a grown-up gives you.

Plants

Some plants, flowers and trees can make you sick or give you an itchy rash if you touch them or taste them. Always ask first before touching flowers, berries and mushrooms. Never put them in your mouth.

Circle the one that is different.

Tree		E 133		
Plant		R	H	R
Mushroom	(JA)	e de la compañía de la	e de la compañía de	
Berries				

Poisons Outdoors

Many things stored in a garage or outside can hurt you. Adults, keep all products in their original containers with their original labels. Kids, stay away from all of these products.

Can you find the 8 differences between the two pictures? For a second activity, go through and put an X on anything that could be a poison.



6

Calling for Help

If you think someone has been poisoned, ask an adult for help right away. Call the Illinois Poison Center at 1-800-222-1222. Got a doubt? Check it out.



Hi! I'm Checkers the Cheetah and I'm calling right away to check it out.

Poison Crossword Puzzle



Across

- 1. Room where you cook.
- 2. First _____.
- 3. This insect has 8 legs.
- 4. Poisons come in 4 _____.
- 5. What a car needs to drive.
- 7. You take _____ if you are sick.
- 11. If someone is poisoned, ask an adult for _____.
- 12. A _____ is something that can harm your body.
- 15. Always read the _____ before using household products.

Down

1. ____ open a lock.

- 2. ____ ask first.
- 4. _____ is what you eat.
- 5. Use _____ to stick things together.
- 6. Peanut butter _____ jelly.
- 8. Use _____ when washing your hands.
- 9. Hair _____ or bug _____.
- 10. You should _____ the Texas Poison Center Network's number: 1-800-222-1222.
- 11. Poisons can be found in all rooms of your _____.
- 13. A bee can ____ you.
- 14. Motor _____.

Break the Code Use the picture to figure out the safety rule. The first letter is done for you.

(Answer on Page 10)



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Protect Your Family From Poisons

Poison prevention and education is a job for the entire family. Inside this activity book you'll find fun educational games, along with safety tips on how to be "poison smart." We encourage you to make this activity book an active learning process for the entire family.

Did You Know?

There is one nationwide, toll-free poison center number, 1-800-222-1222, that will connect you with a poison center from anywhere in the United States. If you suspect a poisoning, don't wait for symptoms to appear – call 1-800-222-1222.

Illinois Poison Center (IPC) experts provide treatment recommendations and advice 24 hours a day on questions related to medicine interactions, overdoses, household products, alcohol or drug misuse, food poisoning, bites, stings and more.

Poisoning is one of the leading causes of health emergencies for children in Illinois. In fact, 70 percent of poisoning cases reported to the IPC involve young people under the age of 20. Nearly 80 percent of poisoning cases are safely treated over the phoneby IPC staff, avoiding a visit to the hospital emergency department or doctor's office.

How Safe Is Your Home?

Follow these poison prevention tips to make your home a safer place:

- Make sure all potential poisons are properly stored up high and out of the reach of children.
- Use child-resistant safety locks on cabinets.
- Keep medicines and household products in their original containers with original labels.
- Always read labels before using medicine, cleaners and other products.

Call for Free Poison Prevention Information

For a free magnet, IPC telephone stickers, a list of toxic plants and other poison-prevention information, contact the IPC at **1-800-222-1222** visit the IPC Web site at **www.IllinoisPoisonCenter.org**.



Booklet Design and Illustration by Marlene K. Goodman

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